WEEK 1

Beef burger in a bap

Halloumi burger in a bap

both served with

hash browns and baked beans

Cheese sandwich



served with a choice of toppings: cheese, baked beans, tuna or sweetcorn

TUES

THURS

Ham baguette

Roast chicken with mini sausage

Lentil & Veg bake both served with roast potatoes, carrots & broccoli and gravy

Chicken wrap

Pepperoni pizza

Cheese pizza both served with pasta and peas **Cheese baguette**

Fish fillet

Cheese omelette both served with chips & carrot/cucumber sticks

Ham sandwich

WEEK 2

Oven baked sausage roll

Quorn roll

both served with hash browns and baked beans

Cheese sandwich

Homemade beef Bolognese

Macaroni cheese

both served with garlic bread

Ham baguette

Roast pork & stuffing

Goats cheese slice both served with roast potatoes, carrots, peas and gravy

Chicken wrap

Pepperoni pizza

Cheese pizza both served with pasta salad

Cheese baquette

Chicken goujons

both served with chips & carrot/cucumber sticks

Ham sandwich

WEEK 3

Chicken Korma Vegetable Korma

50/50 rice & naan bread

Cheese sandwich

Pasta day

served with a choice of toppings: cheese, baked beans, tuna or sweetcorn

Ham baguette

Roast turkey

Roasted vegetables both served with roast potatoes, carrots, broccoli and gravy

Chicken wrap

Pepperoni pizza

Cheese pizza both served with pasta and sweetcorn

Cheese baquette

Oven baked sausage

Quorn sausage both served with

chips & carrot/cucumber sticks

Ham sandwich



WED









MOM

TUES























LUES

WED

FR

Food Suppliers

RD Johns

Bid food

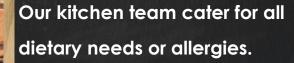
The majority of our food is sourced locally

Farm Assured meat MCS Approved fish

All main courses and vegetarian dishes come with a choice of Mrs Mendl's homemade dessert (made with reduced sugar), low fat yogurt or fresh fruit.

All meals come with carrot and cucumber sticks plus cherry tomatoes and fresh bread.

Menu can be subject to change



Please contact the school for more info:

admin@rydonprimary.org.uk or 01626 356420

SOIL Association
FOOD FOR LIFE
CATERING MARK

WEEK 1:

Week beginning, 1st & 22nd Jan, 19th Feb & 11th March

WEEK 2:

Week beginning, 8th & 29th Jan, 26th Feb & 18th March

WEEK 3:

Week beginning, 15th Jan, 5th Feb, 4th & 25th March

Rydon Primary School



Menu Spring Term 2024





