

## WEEK 1

MON

**Beef burger in a bap**

**Halloumi burger in a bap**

both served with  
hash browns and baked beans

**Cheese sandwich**

TUES

**Pasta day**

served with a choice of toppings:  
cheese, baked beans, tuna or sweetcorn

**Ham baguette**

WED

**Roast chicken with mini sausage**

**Lentil & Veg bake**

both served with  
roast potatoes, carrots & broccoli and  
gravy

**Chicken wrap**

THURS

**Pepperoni pizza**

**Cheese pizza**

both served with  
pasta and peas

**Cheese baguette**

FRI

**Fish fillet**

**Cheese omelette**

both served with  
chips & carrot/cucumber sticks

**Ham sandwich**

## WEEK 2

MON

**Oven baked sausage roll**

**Quorn roll**

both served with hash browns and baked beans

**Cheese sandwich**

TUES

**Homemade beef Bolognese**

**Macaroni cheese**

both served with  
garlic bread

**Ham baguette**

WED

**Roast pork & stuffing**

**Goats cheese slice**

both served with  
roast potatoes, carrots, peas and  
gravy

**Chicken wrap**

THURS

**Pepperoni pizza**

**Cheese pizza**

both served with  
pasta salad

**Cheese baguette**

FRI

**Chicken goujons**

**Quorn goujons**

both served with  
chips & carrot/cucumber sticks

**Ham sandwich**

## WEEK 3

MON

**Chicken Korma**

**Vegetable Korma**

50/50 rice & naan bread

**Cheese sandwich**

TUES

**Pasta day**

served with a choice of toppings:  
cheese, baked beans, tuna or sweetcorn

**Ham baguette**

WED

**Roast turkey**

**Roasted vegetables**

both served with  
roast potatoes, carrots, broccoli and gravy

**Chicken wrap**

THURS

**Pepperoni pizza**

**Cheese pizza**

both served with  
pasta and sweetcorn

**Cheese baguette**

FRI

**Oven baked sausage**

**Quorn sausage**

both served with  
chips & carrot/cucumber sticks

**Ham sandwich**



## Food Suppliers

R D Johns

Bid food

The majority of our food is  
sourced locally

Farm Assured meat

MCS Approved fish



All main courses and vegetarian dishes  
come with a choice of Mrs Mendl's  
homemade dessert (made with reduced  
sugar), low fat yogurt or fresh fruit.

All meals come with carrot and  
cucumber sticks plus cherry  
tomatoes and fresh bread.

Menu can be subject to change



Our kitchen team cater for all  
dietary needs or allergies.

Please contact the school for  
more info:

[admin@rydonprimary.org.uk](mailto:admin@rydonprimary.org.uk)

or 01626 356420

Soil Association  
FOOD FOR LIFE  
CATERING MARK

### WEEK 1 :-

Week beginning, 1st & 22nd Jan,  
19th Feb & 11th March

### WEEK 2 :-

Week beginning, 8th & 29th Jan,  
26th Feb & 18th March

### WEEK 3 :-

Week beginning, 15th Jan, 5th  
Feb, 4th & 25th March



# Rydon Primary School



## Menu Spring Term 2024

